

DALMENY NAROOMA BUSHWALKERS INC.

<https://dalmenynaroomabushwalkers.org.au>

Autumn Program: March to May 2024 - Abridged

This is an abridged version of our Club's Autumn program. The full version is only available to members. If you are interested in any of these walks, and think you might like to walk with us, please make contact via our email and we will respond promptly:

info@dalmenynaroomabushwalkers.org.au

Some general information about our walks:

All persons joining a walk do so as volunteers in all respects and as such accept sole responsibility for any injury incurred. Each walker is responsible for his/her own safety. It is essential to be aware of your own limitations and stamina. The Dalmeny Narooma Bushwalkers Inc., its office bearers and appointed leaders, are absolved from any liability for any injury or damage suffered whilst engaged on any walk.

Walkers assemble at pre-specified locations before generally driving to the walk location. Walkers are asked to be at the meeting point 15 minutes before the listed departure time. This is to allow time to register for the walk by "signing on", for the leader to brief the participants, and for other general organisation for the day.

Walkers usually car-pool due to often limited parking. A distance-based "driver donation" by those receiving a lift is suggested for each walk. However walkers may choose to drive themselves to the walk start-point, after first assembling at the specified meeting place.

Walk Gradings

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|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <i>Easy</i> | Relatively gentle grades and mainly good surfaces. |
| <i>Medium</i> | Includes rough or steep sections. Could require some climbing over natural obstacles. |
| <i>Hard</i> | More strenuous walks involving steep ascents or descents over rougher terrain, and/or longer distances than normal. Suitable only for fit and experienced bushwalkers. |

These gradings are somewhat subjective. Please ask if you are unsure.

"Hrs" means the total walk time and includes the morning tea, lunch and other breaks. Note however that driving time to and from the walk is extra. Times and distances given are estimates only, and actual figures may vary on the day for any number of reasons.

Walkers must be self-sufficient with their own food, water or hot flask, and carry a first aid kit (including a card with your emergency contact and personal medication information) on all walks. More details on our website on the 'Join' page.

No walks will take place on days of Total Fire Ban, or too wet or windy weather.

No dogs are allowed on any walks.

No children under 18 are allowed on any walk (insurance reasons).

Walkers must be guided by the directions of the Walk Leader. This means the walkers stay together to hear the directions of the Walk Leader. Walkers are each responsible for the walker directly behind them and should advise those in front immediately if the 'tail' is lagging for any reason.

Further information can be found on our website <https://dalmenynaroomabushwalkers.org.au>

Note: the club has a [Private Facebook Group](#). This is where leaders post last-minute notices if a walk is cancelled or changed. There's also a wide selection of members' photos to enjoy. If you are considering joining the club, it will be helpful to join: <https://www.facebook.com/groups/657980796078499>

