DALMENY NAROOMA BUSHWALKERS INC.

https://dalmenynaroomabushwalkers.org.au

Program: Spring 2024 into Summer 2025 - shortened version



THIS IS THE NON-MEMBER'S VERSION OF OUR CURRENT PROGRAM OF ACTIVITIES.

Details of leaders, their contacts, and meeting places are only found in the password protected member's version found in the member's section of the website. A few details though about how we work:

Acknowledgement of risks and obligations: all people joining a walk do so as volunteers in all respects and as such accept sole responsibility for any injury incurred. Each walker is responsible for his/her own safety. The Dalmeny Narooma Bushwalkers Inc., its office bearers and appointed leaders, are absolved from any liability for any injury or damage suffered whilst engaged on any walk.

Walkers assemble at specified meeting places 15 minutes before departure to sign-on and be briefed about the walk and the drive to it. Walkers usually car-pool due to often limited parking. A distance-based "driver donation" by those receiving a lift is suggested for each walk. However walkers may choose to drive themselves to the walk start-point, after first assembling at the specified meeting place.

Any known late changes to this program are only posted on our private group Facebook page. You need to join this group to be able to see the changes. Please check it before a walk for any updates to programmed walks, new walks or other changes. <u>https://www.facebook.com/groups/657980796078499</u>

Walks are graded: It is essential to be aware of your own limitations and stamina. Always ask, is this walk suitable for me? *Easy* Relatively gentle grades and mainly good surfaces. Flat or with moderate ups and downs. Might include

- *Medium Medium* Includes rough or steep sections, sometimes short off track sections, with some climbing over natural
- obstacles.
- Hard More strenuous walks involving steep ascents or descents over rougher terrain, and/or longer distances than normal. Might include sections of difficult off track requiring suitable clothing. Suited only to fit and experienced bushwalkers.

These gradings are somewhat subjective, are part of a continuum and therefore sometimes combined. To further define our walks, we often use extra descriptors such as beach or creek walking, creek crossings, rock scrambling, some steep hills, off-track, etc. Make sure you read them.

"Hrs" means the total walk time and includes the morning tea, lunch and other breaks, but not driving time to and from the walk. Distance and time given are estimates only, and actual figures may vary on the day for any number of reasons.

You bring your own food, water, and personal first aid items including emergency contact information to all walks. No walks will take place on days of Total Fire Ban, or too wet or windy weather. No dogs are allowed on any walks. No children under 18 are allowed on any walk (insurance reasons).

Walkers must be guided by the directions of the Walk Leader. This means the walkers stay together to hear the directions of the Walk Leader. Walkers are each responsible for the walker directly behind them and should advise those in front immediately if the 'tail' is lagging for any reason.

Enquiries: If after looking at our program you are interested in joining a particular walk, or our Club, please make contact via our email <u>info@dalmenynaroomabushwalkers.org.au</u> and someone will get back to you promptly with further details.

<u>Sun 1 to Tue 3 Sep</u> Monolith Valley, Budawangs. A hard day walk of up to 12 hrs with a vehicle-based camp either side at Long Gully. Limited numbers – this walk is full.

<u>Thur 5 Sep</u> Grade	Mitchells Ridge area, Bodalla SFViews over Lawlers Ck, orchids, boulders. Steep sections, rocky, off-track, creek crossing.Hard (gloves/walking poles recommended)8km4-5Hrs				
Sat 7 Sep	Western Boundary Rd area, Moruya SF				
Grade	Motorbike tracks and firetrails. Exploratory. Medium-Hard	About 10km	4Hrs		
Thur 12 Sep	North Bermagui Ramble				
Grade	Exploring scenic beach, bush & river features Medium	10-12km	5Hrs		
<u>Mon 16 Sep</u>	Coastal Headlands Trail Explore part of this new track in the north of the shire, between McKenzies Beach & Surf Beach.				
Grade	A mix of suburbia and bush, mostly on track. Medium	One-way with short cars 12km	shuffle. Great views. 5Hrs		
Thur 19 Sep	Brogo River area A walk on steep private property, spectacular	viewe weet towarde Wa	udbilliga NP, grapita bauldara		
Grade	twisted ancient figs, plus a length of the Brogo Medium-Hard				
<u>Thur 26 Sep</u>	Rainforest walk, Bodalla SF				
Grade	Exploring the gullies just south of Mitchells Rid Medium-Hard (mostly off-track)	dge Rd, NW headwaters 7km	s of Lawlers Ck. 4Hrs		
Sat 28 Sep	Bellbrook Farm Track, Central Tilba area A delightful circuit walk behind the village. Brir	na mornina too only lu	nch aftor in Tilba?		
Grade	Easy-Medium	4km	3Hrs		
Thur 3 Oct	Box Cutting area, Bodalla SF Rainforest, old mining areas, Cowdroy Ck. Mostly on track, but a little bush bashing.				
Grade	Medium	9km	4Hrs		
Sat 5 Oct	Long weekend – no walk				
Thur 10 Oct	Billy's Beach ENP & Mystery Bay area				
Grade	Track, beach and some road walking. Easy-Medium	8km	4Hrs		
Thur 17 Oct	Aragunnu to Bengunnu return, MRNP Beaches, headlands & coastal vegetation. Of	f track long pants/sloo	was recommanded		
Grade	Medium-Hard	9km	4Hrs		
Sun 20 to Sat 26 Oct - Spring Camp – Little Forest Plateau & Lake Conjola. Members only.					
Thur 31 Oct	Mogareeka area & Paspalum Pt, MRNP				
Grade	Roads, trails, rocks, some bushy bits & small Medium-Hard	hills. Rough scramble to 8km	5Hrs		
Sat 2 Nov	Handkerchief Beach area Bit of beach walking.				
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<u>Thur 7 Nov</u>	Bunga Bch to Hidden Valley & Bunga Trig return, MRNP Mostly off-track, beaches, short steep rocky ascent, good balance needed. Long pants/sleeves.			
Grade	Mostly on-track, beaches, short steep rocky a Medium-Hard	7km	4Hrs	
<u>Thur 14 Nov</u> Grade	Super's Hut/Yowrie R, Wadbilliga NPFollowing ridges & gullies along firetrail/road to Yowrie/Wadbilliga Rivers junction& site of "Super" Sutherland's hut. Bring water shoes/small towel for 2 river crossings.Medium-Hard12km5Hrs			
<u>Sat 16 Nov</u>	Behind Dalmeny A short ramble along bush tracks.	-		
Grade	Easy	5km	3Hrs	
<u>Thur 21 Nov</u> Grade	Upper Stony Ck area, Bodalla SF Some off-track and creek walking. Medium	10km	4-5Hrs	
<u>Sat 23 Nov</u> Grade	Local geology explored Narooma Beach/Glasshouse Rocks area. Morning tea only. Limited numbers, booking required. Easy 5km 3Hrs			
<u>Thur 28 Nov</u> Grade	Plovers Lane to Bogola Head return, Eurobodalla NPWith some exploring of the beaches along the way. Wet foot crossing of Nangudga entrance.Easy-Medium6km4Hrs			
Sat 30 Nov	Club Christmas Party, members only.			

COMING UP in 2025 and beyond

Monday 27th January – day after Australia Day BBQ. Bring your own everything. All welcome.

Sat 1 Feb Walks programming meeting. Members only.	
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Sat 22 Feb Annual General Meeting. Members only.

February early morning walks @ 7.30 AM, about 2 hours, all easy, followed by brunch at a local eatery.
Thur 6 Feb – Narooma area, meet at Quota Park. Brunch at Salt.
Thur 13 Feb – Dalmeny area, meet at Mummaga Lake footbridge. Brunch at The Local.
Thur 20 Feb – Narooma Surf Beach area, meet at Surf Beach carpark.
Thur 27 Feb – North Narooma area, meet at Apex Park.

March - Autumn Camp, Gunuma Lodge, Smiggin holes, Kosciuszko NP - this camp is already full.

Sometime later in Autumn - mini-camp at Pambula Beach area.

Other full week camp ideas:

- **Bondi to Manly walk.** We are thinking maybe early Spring in 2025. Check it out at bonditomanly.com. Staying at YHA Sydney Harbour.
- Capertee Valley and Gardens of Stone NP
- Return to Gariwerd (Grampians) NP