DALMENY NAROOMA BUSHWALKERS INC.

https://dalmenynaroomabushwalkers.org.au

Program: March to May 2025 - Autumn - shortened version



THIS IS THE NON-MEMBER'S VERSION OF OUR CURRENT PROGRAM OF ACTIVITIES.

Details of leaders, their contacts, and meeting places are only found in the password protected member's version found in the member's section of the website. A few details though about how we work:

Acknowledgement of risks and obligations: all people joining a walk do so as volunteers in all respects and as such accept sole responsibility for any injury incurred. Each walker is responsible for his/her own safety. The Dalmeny Narooma Bushwalkers Inc., its office bearers and appointed leaders, are absolved from any liability for any injury or damage suffered whilst engaged on any walk.

Walkers assemble at specified meeting places 15 minutes before departure to sign-on and be briefed about the walk and the drive to it. **Walkers usually car-pool** due to often limited parking. A distance-based "driver donation" by those receiving a lift is suggested for each walk. However walkers may choose to drive themselves to the walk start-point, after first assembling at the specified meeting place.

Any known late changes to this program are only posted on our private group Facebook page. You need to join this group to be able to see the changes. Please check it before a walk for any updates to programmed walks, new walks or other changes. https://www.facebook.com/groups/657980796078499

Walks are graded: It is essential to be aware of your own limitations and stamina.

Easy Relatively gentle grades and mainly good surfaces. Flat or with moderate ups and downs. Might

include some steps.

Medium Includes rough or steep sections, sometimes short off track sections, with some climbing over

natural obstacles.

Hard More strenuous walks involving steep ascents or descents over rougher terrain, and/or longer

distances than normal. Might include sections of difficult off track requiring suitable clothing. Suited

only to fit and experienced bushwalkers.

These gradings are somewhat subjective, are part of a continuum and therefore sometimes combined. To further define our walks, we often use extra descriptors such as beach or creek walking, creek crossings, rock scrambling, some steep hills, off-track, etc. Make sure you read them. Always ask, is this walk suitable for me?

"Hrs" means the total walk time and includes the morning tea, lunch and other breaks, but not driving time to and from the walk. Distance and time given are estimates only, and actual figures may vary on the day for any number of reasons.

You bring your own food, water, and personal first aid items including emergency contact information to all walks.

No walks will take place on days of Total Fire Ban, or too wet or windy weather.

No dogs are allowed on any walks.

No children under 18 are allowed on any walk (insurance reasons).

Walkers must be guided by the directions of the Walk Leader. This means the walkers stay together to hear the directions of the Walk Leader. Walkers are each responsible for the walker directly behind them and should advise those in front immediately if the 'tail' is lagging for any reason.

Enquiries: If after looking at our program you are interested in joining a particular walk, or our Club, please make contact via our email info@dalmenynaroomabushwalkers.org.au and someone will get back to you promptly with further details.

March - May 2025, p2 of 3

Sat 1 Mar Clean up Australia day

Mummuga Lake/beach area. Kits/gloves provided. Morning tea only.

Grade Easy 2-3km 3Hrs

Thur 6 Mar Ringlands track loop, Narooma

A local favourite. Rough bush tracks & road walking. Inlet views. Morning tea only.

Grade Easy-Medium 9km 3.5Hrs

Sat 8 Mar Beach walk - Bar Beach Narooma to Dalmeny return

Shared pathway to Dalmeny, return along beaches, some rock clambering, checking rock pools.

Grade Medium 12km 5Hrs

Thur 13 Mar Bermagui Sculptures

A leisurely walk to begin to take in the views, then marvel at the creativity of the sculptures.

Finish at the Gelati Clinic.

Grade Easy 5-7km 4Hrs

Thur 20 Mar Bunga/Goalen Head/Hidden Valley, Mimosa Rocks NP

Mostly off-track, headlands, beaches, about 400m coastal rocks – good balance needed.

Grade Medium-Hard 7km 4Hrs

Sunday 23 to Sat 29 Mar Autumn camp, Smiggin Holes, Kosciuszko NP

This camp is already full, and for members only.

Thur 3 Apr Tuross Lake, south side, Eurobodalla NP

This time we will walk anticlockwise along the southern shore of the lake, linked up by some forest

tracks. May get our feet wet crossing one bay.

Grade Medium 10km 4Hrs

Sat 5 Apr Maloney's Beach to North Head return, Murramarang NP

An out and back walk exploring the southern end of the Murramarang South Coast Track. Great coastal views. Mostly good track, undulating, but 4km on rock platforms and sand. Uneven and

slippery in places. Walking pole recommended.

Grade Medium + 12km 5Hrs

Thur 10 Apr Moruya Heads, Eurobodalla NP

Coastal views, lookouts, history, Moruya R mouth

Grade Easy 7km 4Hrs

Sat 12 Apr Mystery Bay area south, Eurobodalla NP

A walk along bush roads, then back along the beach.

Grade Easy 7km 4Hrs

Thur 17 Apr Nargal Lake area, Eurobodalla NP

Circumnavigate clockwise this time. 50% off track. Long pants/sleeves/gloves recommended,

also may be muddy if wet. Morning tea only. An interesting coastal freshwater lake.

Grade Medium 5-6km 4Hrs

Sat 19 Apr No walk - Easter

Thur 24 Apr Murrah R and Lagoon kayak (Members only)

Paddling down from the road bridge to the lagoon entrance and return. Must be able to get your kayak to/from the start, must have Personal Flotation Device (life jacket), and the usual water, hat,

sunscreen, morning tea and lunch. Hope to catch the tide at least one way.

Grade Medium 10km 5Hrs

Sat 26 Apr Tilba to Wallaga Lake

More details to come. Maybe some private property.

Grade Easy-Medium 8km 4Hrs

Thur 1 May Stony Creek area, Bodalla SF

Old forest roads and motorbike tracks. Some off-track, creek crossings, creek walking.

Grade Medium 9-10km 4Hrs

Sat 3 May No walk programmed – Narooma Oyster Festival

March to May 2025 - p3 of 3

Mini camp, Beowa NP Exploring Eden & surrounds. 4th to 8th May. Members only.

Fri 9 May Walks programming meeting, setting the program for Winter. Members only.

Thur 15 May Stony Creek 2, Bodalla SF

Old forest roads & bike tracks, creek crossings and walking, some off-track.

Grade Medium 9-10km 4Hrs

Mon 19 May The basics of map reading – topographic & GPS theory

Held near Hidden Valley, Mimosa Rocks NP.

Grade Easy 4km 3Hrs

Thur 22 May Murramarang geology

Returning by popular demand, a slow wander through 300million years of earth history.

Some scrambling on rock platforms. Limited numbers.

Grade Medium 11km 5Hrs

Sat 24 May Wander & Wonder Walk

Check out rockpools and other stuff. Limited numbers - must book with the leader.

Grade Easy 1Hr

Sat 31 May Narooma Loop walk

From the carpark, stairs and hills, urban but with views.

Grade Medium 10km 4Hrs

Mon 2 Jun Follow up on map reading – topographic & GPS practical

Held near Aragunnu, Mimosa Rocks NP.

Grade Medium 4km 3Hrs

ALSO COMING UP in 2025 and beyond

Mini-camp Monolith Valley, Budawangs, Morton NP. From Sun 24 to Tues 26 Aug, walking Mon 25th. A strenuous long day walk to this iconic area, camping before and after nearby. **Members only.**

Spring camp - Bondi to Manly walk. Members only.

Staying in The Rocks area, and using public transport (buses, ferries). **Proposed dates are arrive Sun 7 Sept. return Sat 13 Sept.**

Autumn 2026 - Capertee Valley, between Lithgow and Mudgee. Members only.

Some ideas from members for future camps or mini-camps away:

Return to the lower Shoalhaven/Culburra area for another mini-camp.

The Big Hole & Marble Arch, Deua NP.